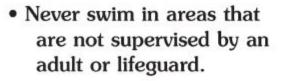# Water Safety!

It's important to follow safety rules whenever we are around water. It could be a matter of life or death!

- Never swim in areas that are not supervised by an adult or lifeguard.
- Always check to see how deep the water is before going in.
- Always walk, never run, around a pool.
- Never swim during a storm.
- Never swim alone.
- Always wear a flotation device if you are a poor swimmer.
- Do not play rough in the water. Never dunk another person under water.
- Never play in water run-off areas, even if it's sunny outside.
- If you see someone that needs help in the water, yell for help and throw a flotation device to him or her. Do not try to save them yourself unless you have been properly trained.

I promise to follow all water safety rules!

_____
Signature

_____
Date